



MILT'S STOP & EAT

Est. 1954 (Moab's Oldest Restaurant!)

Milt's is pleased to serve a delicious blend of Wagyu and Grass-Fed Beef Burgers; freshly ground and hand-pattied daily.

Milt's also features Hand-Cut Fries, Homemade Chili, and Old Fashion Shakes and Malts.

MILT'S CLASSIC BURGERS

Burgers are topped with:

Lettuce, Onions, Pickles, Ketchup & Mustard
unless otherwise requested.

Burger and Buffalo Patties are 1/4 lb. and served on a Sesame Seed Bun.

*Add **Tomato** for 50 cents.*

| | |
|---|------|
| Cheeseburger | 5.75 |
| Hamburger | 5.50 |
| Bacon Cheeseburger | 6.70 |
| Double Cheeseburger | 7.75 |
| Double Hamburger | 7.50 |
| Double Bacon Cheeseburger | 8.65 |
| Buffalo Cheeseburger | 8.95 |
| Buffalo Hamburger | 8.45 |
| Buffalo Bacon Cheeseburger | 9.75 |

**make it a double buffalo patty for \$3 extra*

Consumer Warning: Consuming raw or undercooked meats increases your risk of foodborne illness. At Milt's we cook our burgers to at least 165°, medium to well-done.

YUMMY SIDES

*Milt's Fries are cut fresh everyday from Whole Potatoes, cooked in Heart-Healthy **Peanut Oil**; and served lightly seasoned.*

| | Small | Regular | Large |
|--|-------------|---------------|-------|
| Hand-Cut Fries | 1.99 | 2.89 | 4.75 |
| Tater Tots | 1.99 | 2.89 | 4.75 |
| Onion Rings | \$3.59 | | |
| Chili-Cheese Fries or Tots | \$5.75 | | |
| <i>With Onions upon request</i> | | | |
| Cheese Fries or Tots | \$3.99 | | |
| Homemade Chili (12oz) | \$4.25 | | |
| <i>With Cheese and Onions upon request</i> | | | |
| Frito Pie | \$4.25 | | |
| <i>Fritos topped with Chili and Cheese; and onion upon request</i> | | | |
| Side Salad | \$3.99 | | |
| <i>With choice of Dressing</i> | | | |
| Chicken Strips | \$3.59(Jr.) | \$6.70(Large) | |
| Fish Strips | \$3.59(Jr.) | \$6.70(Large) | |

SPECIALTY BURGERS

*with **Beef, Chicken, or Gardenburger: \$6.80***

*with **Buffalo: \$9.75, Double Beef Burgers: \$8.65***

Mushroom Swiss Burger: with Grilled Mushrooms & Onions, Lettuce, Mayo & Swiss Cheese.

Santa Fe Burger: with Whole Grilled Green Chili, Pepper-Jack Cheese, Lettuce & Chipotle Sauce.

Cowboy Burger: with Melted Cheddar Cheese, Jalapenos, Onion Ring, Lettuce & Zesty Sauce.

Western BBQ Bacon Cheeseburger: Thick Cut Bacon, Grilled Onions, BBQ Sauce, American Cheese & Lettuce.

Blue-Moon Burger: Topped with Blue Cheese Crumbles, Crispy Bacon, Lettuce, and Jalapeños.

Aloha Burger: with Swiss Cheese, Grilled Pineapple and Teriyaki Sauce, Lettuce & Onion Ring.

Peggy-O Ranch Burger: Topped with Fresh Avocado, Tomato Slices, Lettuce, Onions and Ranch Sauce.

Chili Cheeseburger: *Milt's Classic and All-Time Favorite since 1954! Served open face smothered with Homemade Chili, topped with Cheese. Onion added upon request.*

Consumer Warning: Consuming raw or undercooked meats, poultry, seafood, or eggs increases your risk of foodborne illness. At Milt's we cook our burgers to least 165 degrees, medium to well-done.

HOT DOGS

1/5 lb. Wagyu Beef Dogs

- Classic Dog:** comes plain. Ketchup, Mustard, Relish and Onion added upon request..... 4.25
- Chili Cheese Dog:** Smothered with Milt's Homemade Chili and Cheese; add Onions upon request..... 5.99
- Bacon Cheese Dog:** Dog served with Melted Cheese and Crispy Bacon..... 5.75

"MILT SWICHES"

Milt's Style Sandwiches

Add Cheese, Tomato, Jalapeños: 50 cents.

Add Bacon and/or Avocado 1.50 each.

- Chicken Sandwich:** Grilled Chicken with Lettuce, Tomato & Mayo on a Toasted Sesame Seed Bun..... 5.75
- Fish Sandwich:** Breaded Cod with Lettuce, Pickles, and Tartar Sauce on a Jr. Size Bun.....4.99
- Grilled Cheese Sandwich:** Served on choice of Sourdough or Multigrain Bread.....3.99
- BLT:** Bacon, Lettuce and Tomato with Mayo on toasted Sourdough or Multigrain Bread..... 5.25
- Grilled Turkey & Swiss:** Smoked Deli Turkey on Sourdough or Multigrain Bread with Lettuce, Tomato and Mayo..... 6.45
- Albuquerque Turkey:** on Sourdough or Multigrain Bread with Pepperjack, Green Chilies, Chipotle Sauce and Smoked Deli Turkey..... 6.75

**Also see more delicious Chicken and Veggie Choices in our 'Specialty Burger' and 'Veggie Choices' sections.*

MILT'S DELICIOUS TACO'S

With Melted Cheese, Salsa, Lettuce, Chipotle Sauce and choice of Meat or Avocado on a Flour-Corn Blend Tortilla
Your Choice of:

- Fish, Ground Beef, Smoked Beef, Chicken, or Avocado.....4.29**

VEGGIE CHOICES

Veggie Burger: Gardenburger with Lettuce, Tomato, Onion, and Pickle on toasted Sesame Seed Bun.....5.75

Add Avocado for 1.50, Cheese 50 cents. Substitute for Multigrain Bread upon request.

Avocado Melt: Toasted Multigrain Bread with Swiss, Tomato, Avocado, Onion, Lettuce and Zesty Sauce.....5.75

**Veggie Specialty Burgers: See our 5 delicious Gardenburger choices in our "Specialty Burger" section.*

SALADS

Dressing Choices: Ranch, Blue Cheese, Balsamic Vinaigrette, Milt's House Dressing, or Chipotle

Chicken-Bacon Salad: Crispy or Grilled Chicken Breast sliced and served on a bed of Mixed Greens with Fresh Veggies, topped with Shredded Cheddar Cheese, Tomato, Crispy Bacon and your choice of Dressing.....7.25

Turkey Cobb Salad: Sliced Turkey served on a bed of Mixed Greens with fresh Veggies, topped with Blue Cheese Crumbles, Tomato, Crispy Bacon and your choice of Dressing.....7.25

Avocado Blue Bacon Salad: Sliced Avocado and Crispy Bacon served on a bed of Mixed Greens with fresh Veggies, topped with Blue Cheese Crumbles, Tomato and choice of Dressing.....7.25

Side Salad: Mixed Greens with Fresh Veggies and your choice of Dressing.....3.99

JR. SIZE/ KIDS FAV'S

Jr. Burgers and Dog come 'Plain' Unless Otherwise Requested.

- | | |
|--|-------------------------------|
| Jr. Cheeseburger (1/6 lb): \$3.75 | Hot Dog: \$4.25 |
| Jr. Hamburger (1/6 lb): \$3.50 | Chicken Strips: \$3.59 |
| Jr. Bacon Cheeseburger: \$4.25 | Grilled Cheese: \$3.99 |
| Jr. Fries: \$1.99 | Jr. Tator Tots: \$1.99 |



Milton Galbraith. 1925-2014

SHAKES AND DRINKS ON BACK OF MENU

BEVERAGES

Milt's proudly serves **Coca Cola** products;
Fountain Style, with Crushed Ice.

Coke, Diet Coke, Sprite, Barg's Root Beer, Minute Maid
Lemonade, Dr. Pepper, Iced Tea (unsweetened)

Small: 1.50 Regular: 2.20 Jumbo: 2.75

(12 oz.) (21 oz.) (32 oz.)

Add flavoring to your Soda or Iced Tea: Fresh Lime, Cherry,
Peach, Vanilla, or Raspberry. 25 cents each.

Milk (12 oz): 1.75

Orange Juice (12 oz) 1.75

SHAKES AND MALTS

Flavor Choices: Vanilla, Chocolate, Strawberry, Cherry,
Raspberry, Coffee, Carmel, Peach, Pineapple, Orange, Oreo,
S'mores, Heath Bar, Peanut Butter, Reeces, Marshmallow,
or Banana

(Add an extra flavor to your Shake or Malt for 25 cents each)

| | <u>Small</u> (12oz) | <u>Regular</u> (21oz) | <u>Jumbo</u> (32oz) |
|---|---------------------|-----------------------|---------------------|
| Shakes: | 2.75 | 4.25 | 5.75 |
| Malts: | 2.99 | 4.50 | 5.99 |
| Floats: | 2.50 | 3.99 | 5.50 |
| (Root Beer, Coke, Diet Coke, Dr Pepper, or OJ with Soft Serve Ice Cream) | | | |
| Whips: | 2.75 | 4.25 | 5.75 |
| (Root Beer, Coke, Diet Coke, Dr. Pepper, or OJ Whipped with Soft Serve Ice Cream) | | | |

DESSERTS

Ice Cream Cone, Vanilla Soft Serve: 1.50

Ice Cream Dish, Vanilla Soft Serve: 1.50

Add topping to dish for 75 cents (Chocolate, Strawberry, Pineapple, Raspberry, Carmel, Oreo, Marshmallow, Heath Bar)

Ice Cream Sandwich: 1.50

Waffle Bowl Ice Cream Sundae: 4.25

Soft Serve with your choice of either Chocolate, Strawberry or Butterscotch, with Whip Cream and a Cherry.

Banana Split: 4.99

Sliced Banana with Chocolate, Strawberry, & Pineapple topping over Soft Serve Ice Cream, with Whip Cream and a Cherry

Popsicle: 1.00



Brief History of Milt's Stop & Eat

Milt's is Moab's oldest restaurant. It was first opened in September of 1954, by Milt Galbraith. Much of Milt's remains the same as it did in 1954. The vinyl-topped stools and the patterned Formica counter which overlooks the open grill and kitchen are all original. Milt's is still known for its delicious burgers, homemade fries, and refreshing malts. Milt's was originally on Main Street. But now Milt's is still located in the same spot and Moab's Main Street has moved.

Milt and his wife Audrey ran Milt's for 24 years. They used to live in a trailer located in the spot which is now the outside patio area and Sycamore tree. Milt passed in 2014 at age 90 and Audrey lives up the street. The Galbraith family still frequent Milt's. John and Sonja Sensenbrenner bought Milt's in 1978. They ran Milt's for 26 years. John is known for measuring the portions to the exact size to keep prices low. He would even tear a fry in half to make certain the portion size was exact! John and Sonja also periodically visit Milt's. There was a third owner by the name of Becky, who ran Milt's for about 9 months. She sold Milt's to Rex Tanner. Rex, along with his wife Penny, daughter Asia, and son in law Daniel ran it for 2 years. In July of 2007 Milt's was purchased by the current owners; Danelle Ballengee and BC Laprade. BC and Nellie want to keep the Milt's tradition and history alive by maintaining the same standards of quality food and service since 1954.

Milt's is a local's favorite because of its delicious food, friendly service, and reasonable prices. Locals and tourists alike return to Milt's, sometimes on a daily basis! The Chili Cheeseburger has been the most popular menu item over the years. The food at Milt's is not 'fast food'; the ingredients are fresh and prepared to order. Milt's uses a blend of Wagyu and Hormone-Free Grass-Fed Beef. Patties are freshly ground and hand crafted daily. The fries are made from fresh, whole Russet potatoes; cooked in healthy Peanut Oil. We use vegetables grown on local farms as much of the year as possible. Milt's serves Natural Chicken Breasts. Our Old-Fashioned Shakes and Malts have been a refreshing favorite for over 60 years.

Thanks for visiting Milt's Stop & Eat and being a part of history!